

# MARYLAND DEPARTMENT OF AGING (MDoA)

## 17.235 SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

**Program Description:** The Senior Community Service Employment Program (SCSEP) provides training and employment assistance to eligible workers 55 years and older through participating non-profit or government agencies known as host agencies. The program enables qualified older workers to update and enhance their skills through training provided by the host agencies. Participants receive a stipend of \$7.25 per hour for 20 hours of training per week. Ultimately, participants are placed in permanent employment at the prevailing wage either with their host agency or with a non-profit, government or private sector employer.

**Program Eligibility Criteria:** Eligible participants are those who are unemployed, meet the income test, are 55 years of age or older and in need of employment and training assistance.

**Formula Description:** The statutory allocation formula of the Older Americans Act provides for the distribution of funds on the basis of a hold-harmless factor, the number of persons aged 55 and over residing in each state and the per capita income in each state. Below the state level, funds are distributed on the basis of persons over the age of 55 in poverty calculated from the number of persons age 55 or older who have incomes at or below 125% of the DHHS poverty guidelines. Project sponsors must provide, or arrange through third parties, at least 10% of the cost of the project. The sponsor share of cost may be contributed in cash or in-kind. This program also has maintenance of effort requirements.

**FY13 (exp)**  
\$1,223,713

**FY14 (approp)**  
\$ 1,170,206

**FY15 (est)**  
\$1,164,355

**Governor's Strategic Goal:** [Recover 100% of Jobs lost](#)

## 93.041 PREVENTION OF ELDER ABUSE, NEGLECT, AND EXPLOITATION

**Program Description:** Assists State and area agencies on aging in carrying out programs to prevent abuse, neglect, and exploitation of older individuals. Funds are awarded to States to develop or strengthen service systems through designated State and area agencies on aging.

**Formula Description:** No match is required. The statistical factor used for fund allocation is the State population of persons 60 years of age and over relative to other States. This program has maintenance of effort requirements.

**FY13 (exp)**  
\$ 116,353

**FY14 (approp)**  
\$109,348

**FY15 (est)**  
\$111,927

**Program Supported/Population Served:** Title VII Elder Abuse Prevention currently serves nursing home and assisted living residents statewide and provides education to general public.

**Governor's Strategic Goal:** [Reduce Violent Crime by 20%](#)

### **93.042 LONG TERM CARE OMBUDSMAN SERVICES FOR OLDER INDIVIDUALS**

**Program Description:** Long-term care ombudsmen have authority under federal and state law to advocate for the 47,000 people living in nursing homes and assisted living facilities. Local employed and volunteer ombudsmen work in every jurisdiction to empower residents, promote residents' rights, resolve complaints, provide education to facility staff on elder abuse and give information to consumers facing difficult decisions about long term care. They regularly visit facilities promoting quality of care and quality of life as well as working to ensure that residents are treated with dignity and respect for their individuality.

**Formula Description:** No match is required. The statistical factors used for fund allocation are the number of nursing homes, the number beds in assisted living and nursing homes, and the geographic size of the local program. The allocation is recalculated each year. This program has maintenance of effort requirements.

**FY13 (exp)**  
**\$ 368,452**

**FY14 (approp)**  
**\$ 346,270**

**FY15 (est)**  
**\$354,434**

**Program Supported/Population Served:** Title VII Long Term Care Ombudsman activity currently serving 47,000 persons in nursing homes and assisted living facilities.

**Governor's Strategic Goal:** [Reduce Violent Crime by 20%](#)

### **93.043 DISEASE PREVENTION & HEALTH PROMOTION SERVICES**

**Program Description:** Health Promotion and Disease Prevention Programs promote preventive health, wellness, and physical fitness. A range of programs such as health education, health screening, medication management and health services promote overall health, physical fitness and mental acuity. Many of the State's local area agencies on aging offer the Chronic Disease Self Management Program, a Stanford University evidence-based validated method that enables adults to manage their chronic conditions while avoiding hospitalization and reinforcing skills that support independent living in the community.

**Program Eligibility Criteria:** Older Marylanders, 60 years of age and older, except for self management programs, which are open to persons 18 and above who live with chronic health conditions. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to older adults with the greatest social and economic need.

**Formula Description:** Programs are funded on a federal/state matching basis as follows: Preventive Health Services (85/15). For each fiscal year, state resources provide no less than

25% of the non-federal share of each state's total Title III expenditures from state or local public sources. The statistical factor used for fund allocation is the state population of persons 60 years of age and over. This program has maintenance of effort requirements.

**FY13 (exp)**  
**\$ 360,429**

**FY14(approp)**  
**\$ 333,848**

**FY15 (est)**  
**\$360,430**

**Program Supported/Population Served:** Title III D Health Screening & Education, Physical Fitness, Medication Management and Health Services. In FY2013, this program served 43,171 participants statewide.

### **93.044 SUPPORTIVE SERVICES**

**Program Description:** The Older Americans Act Title III-B Supportive Services Program enables older adults to access services that address functional limitations, promote health and independence, and protect elder rights. Together, these services assist older adults maintain the highest possible levels of function and have an improved quality of life. Title III-B provides funding for a variety of supportive services including: Maryland Access Point Information and Assistance to link individuals to services, transportation, senior centers, legal assistance and referral services, and in-home services such as case management and homemaker/chore assistance.

**Program Eligibility Criteria:** Older Marylanders, 60 years of age and older except for the Maryland Access Point Information and Assistance which is available to all individuals seeking information on long term services and supports. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to older adults with the greatest social and economic need.

**Formula Description:** States may use 5% for state agency administration and while the remainder of the grant funds local services and administration. In Maryland an adequate proportion of the award must be used for the following priority services: access services (15%), in-home services (10%), and legal assistance (5%).

**FY13 (exp)**  
**\$ 5,711,775**

**FY14 (approp)**  
**\$ 5,711,775**

**FY15 (est)**  
**\$5,491,728**

**Program Supported/Population Served:** Title III Supportive Services currently serving 200,034 individuals; Legal Services serving 4,603 individuals; and Senior Information & Assistance serving 47,585 individuals

### **93.045 NUTRITION SERVICES**

**Program Description:** The *Senior Nutrition Congregate Meals Program* offers meals and related nutrition services to groups of older adults in a variety of community gathering places. The program offers opportunities for social engagement and inclusion and in some cases

provides a needed nutritionally balanced meal. Many nutrition sites are located within senior and community centers, which also focus on physical fitness, the arts, and a wide variety of educational classes. Menus meet the cultural and dietary needs of a diverse statewide population, including meeting the low salt and low sugar Dietary Guidelines for Americans. There are more than 250 meal sites across the State of Maryland.

**Program Eligibility Criteria:** Maryland residents age 60 or older. In accordance with the federal Older Americans Act, there is no income or asset restriction, however, preference is given to serving older individuals with the greatest social and economic need and those at risk of institutional placement. Services may be available to a limited number of individuals under age 60 if they are individuals with disabilities who reside with older individuals, volunteers who provide services during meal hours, individuals with disabilities who reside in housing facilities primarily occupied by older individuals at which congregate nutrition services are provided.

The *Senior Nutrition Home Delivered Meals Program* provides meals, nutrition assessment, and coordination of nutrition services for older adults who are confined to their homes. This program supports nutritional balance and independence for older adults in the community. Menus are designed to meet the cultural and dietary needs of a diverse statewide population and standards that require meals meet the low salt and low sugar Dietary Guidelines for Americans. The program relies on thousands of volunteers who deliver the meals and saves many lives by identifying and connecting isolated older adults in potentially dangerous situations to a range of community services and supports.

**Program Eligibility Criteria:** Maryland residents who are confined to their homes and at least 60 or older and their spouses. In accordance with the federal Older Americans Act, there are no income or asset restrictions; however, preference is given to older individuals with the greatest social and economic need and those at risk of institutional placement.

**Formula Description:** Funded on a federal/state-matching basis of 85%/15%. For each fiscal year, state resources provide no less than 25% of the non-federal share of each state's total expenditures from state or local public sources. The statistical factor used for fund allocation is the state population of persons 60 years of age and over.

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|---|--|---------------------------------------|
| <b>FY13 (exp)</b><br><b>\$ 10,557,888</b> | <b>FY14 (approp)</b><br><b>\$ 10,236,271</b> | <b>FY15 (est)</b><br><b>9,934,511</b> |
|---|--|---------------------------------------|

**Program Supported/Population Served:** Title III-C1, C2 in FY13:

- Congregate Meals: 1,088,817 serving 29,894 individuals
- Home Delivered Meals: 1,112,549 meals serving 5,732 individuals

### **93.048 SENIOR MEDICARE PATROL (SMP)**

**Program Description:** The Maryland Senior Medicare Patrol (SMP) Project reduces the amount of federal and state funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste, and abuse. Maryland's SMP program has enabled older

adults across the State to protect their personal identity, report errors on health care bills and identify deceptive health care practices. SMP creates greater awareness so that older adults are able to discern when healthcare practitioners are providing unnecessary or inappropriate services or adding charges for services that were never provided. SMP's success has been achieved by recruiting and training volunteers who are retired or Medicare beneficiaries to act as health insurance educators. Volunteer activities include group presentations, exhibiting at community events, answering calls to the SMP help lines, and one-on-one counseling. SMP projects also work to resolve beneficiary complaints of potential fraud in partnership with state and national fraud control/consumer protection entities, including Medicare contractors, state Medicaid fraud control units, state attorneys general, the Office of the Inspector General and the Centers for Medicare and Medicaid Services.

**Formula Description:** U.S. Administration on Aging (AoA) will fund no more than 75% of the project's total cost, which means the applicant must cover at least 25% of the project's total cost with non-federal resources.

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|-------------------|----------------------|-------------------|
| <b>FY13 (exp)</b> | <b>FY14 (approp)</b> | <b>FY15 (est)</b> |
| <b>\$ 135,613</b> | <b>\$ 138,823</b>    | <b>\$ 138,823</b> |

**93.048 HEALTH CARE FRAUD PREVENTION PROGRAM EXPANSION AND SMP CAPACITY BUILDING GRANTS**

**Program Description:** These grants are address Medicare and Medicaid fraud, waste, abuse and error. The program goals are to reduce the amount of federal and state funds lost due to health insurance fraud and increase the public's awareness of fraudulent activities. Activities include public education forums, one on one counseling sessions and other opportunities to instruct Medicare beneficiaries on how to monitor health care expenditures.

**Formula Description:** This program has no statutory formula. Grants are awarded on a discretionary basis and subject to availability of funds. There is no matching requirement.

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|-------------------|----------------------|------------------|
| <b>FY12 (exp)</b> | <b>FY13 (approp)</b> | <b>FY14(est)</b> |
| <b>\$ 127,161</b> | <b>\$ 62,918</b>     | <b>\$159,132</b> |

**Program Supported/Population Served:** Senior Medicare Patrol (SMP) Support Services currently serving 58,797 individuals statewide.

**93.048 AGING AND DISABILITY RESOURCE CENTER EVIDENCE BASED CARE TRANSITION**

**Program Description:** This grant helps older persons with multiple complex chronic conditions remain in their own homes and to avoid hospitalization, emergency room use or admission to long term care nursing homes. The program was piloted as a partnership with the nationally known evidence-based Guided Care Program. The program supported frail adults in the community by providing a Guided Care Nurse and a community-based case manager who work

together to assist the individual to remain stable in the community. The nurse provides “medical assurance” and the case manager provides community support and assistance in applying for and obtaining needed community-based services like home delivered meals, transportation, personal aid assistance, respite and other non-medical services, The program is collaboration between MDoA, the Baltimore City MAP and the Johns Hopkins Community Physicians Practice. The grant was initially authorized for October 1, 2010 through September 30, 2012. A no cost extension was granted through September 30 2013. The program evaluation is being completed.

**Formula Description:** This program has no statutory formula. Matching requirements may be required of any grantee to the extent deemed appropriate by the Assistant Secretary for Aging and are generally set at a minimum of 25 percent of the total cost of the project.

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|-------------------|----------------------|-------------------|
| <b>FY13 (exp)</b> | <b>FY14 (approp)</b> | <b>FY15 (est)</b> |
| <b>\$ 202,339</b> | <b>\$ 0</b>          | <b>\$ 0</b>       |

**Program Supported/Population Served:** The Aging & Disability Resource Centers Maryland Access Point (MAP)/Baltimore City

**93.052 NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM**

**Program Description:** The National Family Caregiver Support Program (NFCSP) provides a broad array of services to families and caregivers who are not receiving compensation for their services. NFCSP services include information about available services, assistance with accessing services, case management, education, training, support services and individualized counseling, respite care to enable temporary relief from care giving responsibilities and supplemental services.

**Formula Description:** Formula grants (Title III-E) for this program are 75% federal and 25% non-federal. The non-federal contribution may be in the form of cash or in-kind contributions, including plans, equipment, or services. Project Grant (Title III-E) matching requirements are specified in the program announcement published in the Federal Register. Project grants (Title VI-C) have no matching requirements.

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| <b>FY13 (exp)</b>   | <b>FY14 (approp)</b> | <b>FY15 (est)</b>   |
| <b>\$ 1,120,503</b> | <b>\$ 2,381,706</b>  | <b>\$ 2,381,706</b> |

**Program Supported/Population Served:** FY 2013 Statewide Title III- E Family Caregiver Support Services:

- Education, Training or Support: 100,811 units of service
- Respite Care: 1,228 individuals
- Supplemental Services: 1,683 individuals
- Information: 96,412 individuals
- Assistance: 11,602 individuals

### **93.053 NUTRITION SERVICES INCENTIVE PROGRAM**

**Program Description:** Rewards effective performance by states in the efficient delivery of nutritious meals to older adults through the use of cash or commodities.

**Formula Description:** The NSIP is based on a performance incentive model and is administered by the Administration on Aging. State Units on Aging receive NSIP funding based on the number of meals served in the prior federal fiscal year in proportion to all other states, and the available appropriation. There are no match requirements.

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|---------------------|----------------------|---------------------|
| <b>FY13 (exp)</b>   | <b>FY14 (approp)</b> | <b>FY15 (est)</b>   |
| <b>\$ 1,573,274</b> | <b>\$ 1,706,294</b>  | <b>\$ 1,706,294</b> |

**Program Supported/Population Served: FY 2013 NSIP meals:** 1,093,812 congregate meals and 1,080,136 home delivered meals served statewide.

### **93.517 ENHANCED AND EXPANDED NO WRONG DOOR OPTIONS COUNSELING PROGRAM AND OPTIONS COUNSELING SUSTAINABILITY**

**Program Description:** This grant is funded by the Administration for Community Living for a three year period to work with that Administration and seven other states to establish national standards for Options Counseling through Aging and Disability Resource Centers. Additionally, the grant will allow the development of sustainable funding mechanisms to support on-going Options Counseling through twenty Maryland Aging and Disability Resource Centers known as Maryland Access Point or MAP. Mechanisms include obtaining federal financial matching for Medicaid related counseling and the establishment of new revenue streams for case management services. The grant also will develop a statewide quality assurance system for MAP and will assist in the establishment of an 800 number and single point of entry for information and assistance for long term support needs. The 800 number and single point of entry are required under the Medicaid Balance Incentive Program.

**Formula Description:** This program has no statutory formula. Matching requirements may be required of any grantee to the extent deemed appropriate by the Assistant Secretary for Aging and are generally set at a minimum of 25 percent of the total cost of the project.

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| <b>FY13 (exp)</b> | <b>FY14 (approp)</b> | <b>FY15 (est)</b> |
| <b>\$ 700,000</b> | <b>\$ 810,000</b>    | <b>\$ 810,000</b> |

**Program Supported/Population Served:** The Aging & Disability Resource Centers Maryland Access Point (MAP)/Baltimore City

**93.734 CHRONIC DISEASE SELF-MANAGEMENT EDUCATION (CDSME)**

**Program Description:** The Chronic Disease Self Management Education Program, Living Well, is a three year grant which promotes self management education statewide. Living Well workshops provide older adults, caregivers, and adults with disabilities access to evidence-based self management programs which have been proven to reduce rates of chronic disease, improve mental and cognitive function, and lower health care costs. A key objective is to provide this service to at least 3,500 persons statewide over a 3 year period. In 2013, over a thousand individuals have participated in these workshops. Provider organizations include Area Agencies on Aging, local health departments, hospitals, faith-based and academic organizations.

**Formula Description:** This program has no statutory formula. Grants are awarded on a discretionary basis and subject to availability of funds. There is no matching requirement.

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| <b>FY13 (exp)</b><br><b>\$ 313,676</b> | <b>FY14 (approp)</b><br><b>\$ 132,000</b> | <b>FY15 (est)</b><br><b>\$ 387,403</b> |
|--|---|--|

**Program Supported/Population Served:** This grant will serve 5,000 seniors, persons with disabilities, caregivers and other adults with chronic diseases throughout the state. There is a special focus on delivering services to minority populations.

**93.779 CENTERS FOR MEDICARE & MEDICAID SERVICES RESEARCH, DEMONSTRATIONS & EVALUATIONS**

**Program Description:** The State Health Insurance Assistance Program (SHIP) provides one on one, confidential, unbiased information, assistance, and decision support for older adults and adults with disabilities on Medicare about health insurance programs including Medicare, Medigap, Medicare Part D Prescription Drug plans, and Medicare Advantage Plans throughout the state. A statewide network of 19 local programs develop cadres of trained counselors to assist with complex health insurance claims problems and appeals, long-term care insurance options, and applications for low-income subsidy programs. Educational sessions cover a variety of health insurance topics, most notably, Medicare orientation, implications of Maryland's Health Reform for Medicare beneficiaries, and Medicare Part D prescription plans. Outreach is conducted to reach diverse audiences, including Medicare beneficiaries with disabilities.

**Formula Description:** The Basic Grant includes a fixed award of \$75,000, and a variable portion of the grant award based on a formula that considers: (a) the percentage of nationwide persons with Medicare residing in the State; (b) the percentage of the State's persons with Medicare in relation to the State's total population; and (c) the percentage of the State's persons with Medicare who reside in rural areas. Additional funding for specific priorities is available on a year-by-year basis, depending on Congressional approval.

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| <b>FY13 (exp)*</b><br><b>\$ 587,690</b> | <b>FY14 (approp)*</b><br><b>\$ 642,298</b> | <b>FY15 (est)*</b><br><b>\$ 642,298</b> |
|---|--|---|



**Program Supported/Population Served:** Senior Health Insurance Assistance Program (SHIP)  
Support Services/32,556 Statewide

NOTE: *Program Years runs from 4/01 to 3/31*

**93.779 MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDER ACT FOR BENEFICIARY OUTREACH AND ASSISTANCE (MIPPA)**

**Program Description:** The purpose of the MIPPA grant, a jointly funded project of the U. S. Administration for Community Living/Administration on Aging and the Centers for Medicare & Medicaid Services (CMS) is to demonstrate how State Health Insurance Counseling Programs (SHIPs), State Agencies on Aging, Area Agencies on Aging (AAAs) and Aging and Disability Resource Centers (ADRCs) can coordinate outreach activities to educate and provide application assistance to low income Medicare beneficiaries who may be eligible for the Low Income Subsidy (LIS) to help with Medicare Part D prescription expenses, Medicare Savings Programs (MSP), the Qualified Medicare Beneficiary (QMB), the Specified Low Income Medicare Beneficiary (SLMB) and Qualified Individual Program(QI-1) to help with Medicare Part B expenses.

**Formula Description:** Two thirds of the allocation amount is based on the number of Medicare beneficiaries in the state who are likely eligible, but not yet enrolled, for LIS. One third of the allocation is based on the number of beneficiaries who are eligible for Part D and who live in rural areas. Grants to State Agencies on Aging for AAAs are designed to provide enhanced outreach to eligible Medicare beneficiaries regarding their benefits and enhanced outreach to individuals who may be eligible for the LIS, MSP, Part D and Part D in rural areas. States have the option to develop their own plan for allocating these funds to either all or to a subset of their AAAs, or states can utilize a pre-defined allocation to their AAAs to maximize local outreach efforts.

**FY13 (exp)**  
**\$ 339,621**

**FY14 (approp)**  
**\$ 339,621**

**FY15 (est)**  
**\$ 0**

**93.779 DEVELOPMENT AND IMPLEMENTATION OF A PERSON-CENTERED HOSPITAL DISCHARGE PLANNING MODEL**

**Program Description:** The overall goal of the pilot program was to prevent unnecessary hospital discharges to nursing homes and to maximize opportunities for people to live in the community post hospitalization by developing and executing a “model” discharge planning process. The Department in partnership with hospitals, patients and their caregivers, and local Aging and Disability Resource Centers known as Maryland Access Point sites work with high risk discharge patients to support them in the community. The initiative also enhanced and created new Aging and Disability Resource Centers.

**Formula Description:** This program has no statutory formula. Grants are awarded on a discretionary basis and subject to availability of funds. Matching requirement is 25% non-

Federal of total project cost and not less than 75% of the Federal funds from this grant must be allocated to community-based aging services providers. The non-Federal contribution may be in the form of cash or in-kind contributions, including plant, equipment, or services.

**FY13 (exp)**  
**\$ 35,917**

**FY14 (approp)**  
**\$ 0**

**FY15 (est)**  
**\$ 0**

**Program Supported/Population Served:** Aging & Disability Resource-Center Person-Centered Hospital Discharge Planning in Anne Arundel, Carroll, Dorchester, Howard, Somerset, Washington, Wicomico, Worcester Counties

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